UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D. C. 20549

FORM 11-K

[X] ANNUAL REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 [NO FEE REQUIRED]

For the plan year ended December 31, 2004

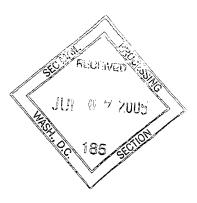
OR

[] TRANSITION REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 [NO FEE REQUIRED]

For the transition period from _____ to ____.



Commission file number <u>1-15929</u>



PROGRESS ENERGY 401(k) SAVINGS & STOCK OWNERSHIP PLAN

Full title plan and the address of the plan, if different from that of the issuer named below

PROGRESS ENERGY, INC.
(a North Carolina corporation)
410 South Wilmington Street, Raleigh, North Carolina 27601-1748
Name of issuer of the securities held pursuant to the plan and address of its principal executive office



TABLE OF CONTENTS

$\underline{\mathbf{P}}_{I}$	<u>AGE</u>
Report of Independent Registered Public Accounting Firm	3
Statement of Net Assets Available for Benefits, December 31, 2004	4
Statement of Changes in Net Assets Available for Benefits For the Year Ended December 31, 2004	5
Statement of Net Assets Available for Benefits, December 31, 2003	6
Notes to Financial Statements	14
Schedule H, Part IV, line 4i - Schedule of Assets (Held at End of Year) As of December 31, 2004	15
Schedule H, Part IV, Question 4a – Delinquent Participant Contributions For the Year Ended December 31, 2004	16

Note: All other schedules required by Section 2520.130-10 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974 have been omitted because they are not applicable.

Deloitte

Deloitte & Touche LLP Suite 1800 150 Fayetteville Street Mall Raleigh, NC 27601 USA

Tel: +1 919 546 8000 Fax: +1 919 833 3276 www.deloitte.com

REPORT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

Participants and Administrator of The Progress Energy 401(k) Savings & Stock Ownership Plan

We have audited the accompanying statements of net assets available for benefits of The Progress Energy 401(k) Savings & Stock Ownership Plan ("the Plan") as of December 31, 2004 and 2003, and the related statements of changes in net assets available for benefits for the year ended December 31, 2004. These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with standards of the Public Company Accounting Oversight Board (United States). Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. The Plan is not required to have, nor were we engaged to perform, an audit of its internal control over financial reporting. Our audits included consideration of internal control over financial reporting as a basis for designing audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control over financial reporting. Accordingly, we express no such opinion. An audit also includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements, assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, such financial statements present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2004 and 2003, and the changes in net assets available for benefits for the year ended December 31, 2004 in conformity with accounting principles generally accepted in the United States of America.

Our audits were conducted for the purpose of forming an opinion on the basic financial statements taken as a whole. The accompanying supplemental schedules listed in the Table of Contents as of December 31, 2004 are presented for the purpose of additional analysis and are not a required part of the basic financial statements, but are supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. These schedules are the responsibility of the Plan's management. Such schedules have been subjected to the auditing procedures applied in our audit of the basic 2004 financial statements and, in our opinion, are fairly stated in all material respects when considered in relation to the basic financial statements taken as a whole.

Soluth & Swell P

Statement of Net Assets Available for Benefits December 31, 2004

			SUPPLEMENTAL INFORMATION							
		TOTAL PLAN		ESOP ALLOCATED PARTICIPANTS	CO	ARTICIPANT DIRECTED MMON STOCK LOCATED TO ARTICIPANTS	PARTICIPANTS' LOANS	PARTICIPANT DIRECTED INVESTMENTS		
ASSETS										
Investments:										
Progress Energy, Inc. Common Stock Fund Fidelity Mid Cap Stock Fund EuroPacific Growth Fund Growth Fund Growth Fund of America Vanguard S&P 500 Index Fund Vanguard Retirement Savings Trust PIMCO Total Return Bond Fund Fidelity Freedom Income Fund Fidelity Freedom 2000 Fund Fidelity Freedom 2000 Fund Fidelity Freedom 2010 Fund Fidelity Freedom 2010 Fund Fidelity Freedom 2015 Fund Fidelity Freedom 2025 Fund Fidelity Freedom 2025 Fund Fidelity Freedom 2025 Fund Fidelity Freedom 2025 Fund Fidelity Freedom 2030 Fund Fidelity Freedom 2030 Fund Fidelity Freedom 2040 Fund Fidelity Freedom 2040 Fund Progress Energy, Inc. Contingent Value Obligations Columbia Acom Fund	\$	725,307,767 59,227,400 42,261,356 35,895,258 84,612,490 140,625,844 48,200,236 79,272,236 4,229,991 5,316,764 635,821 19,321,999 1,709,741 16,224,152 765,874 22,993,510 281,078 12,072,179 49,138 80,629,569	\$	156,097,182 - - - - - - - - - - - - - - - - - - -	\$	569,210,585	\$.	\$ 59,227,400 42,261,356 35,895,258 84,612,490 140,625,844 48,200,236 79,272,236 4,229,991 5,316,764 635,821 19,321,999 1,709,741 16,224,152 765,874 22,993,510 281,078 12,072,179 49,138 80,629,569		
Participants' Loans Receivable Total Investments	_	35,000,006 1,414,632,409		156,097,182	_	569,210,585	35,000,006 35,000,006	654,324,636		
Dividends/Capital Gains/Interest Receivable Employer Contributions Receivable Cash and Cash Equivalents Total Assets	_	9,934,227 15,230,780 3,963,483 1,443,760,899		2,035,750 - - - 158,132,932		7,423,392 15,230,780 3,963,483 595,828,240	35,000,006	475,085 - - - 654,799,721		
LIABILITIES										
ESOP Loan Payable Participants' Loans Payable Interest Payable - ESOP Loan Total Liabilities		98,344,953 2,214,541 983,450 101,542,944		98,344,953 983,450 99,328,403		-	2,214,541	<u>:</u>		
NET ASSETS AVAILABLE FOR BENEFITS	\$	1,342,217,955	\$	58,804,529	<u>\$</u>	595,828,240	\$ 32,785,465	\$ 654,799,721		

See Notes to Financial Statements.

Statement of Changes in Net Assets Available for Benefits For the Year Ended December 31, 2004

			SUPPLEMENTAL INFORMATION							
	TOTAL PLAN			ESOP ALLOCATED PARTICIPANTS	CON ALL	RTICIPANT DIRECTED IMON STOCK OCATED TO RTICIPANTS		RTICIPANTS' LOANS	(ARTICIPANT DIRECTED /ESTMENTS
ADDITIONS TO NET ASSETS										
Investment Income:										
Dividends/Capital Gains Net Appreciation in Fair Value Interest	\$	56,389,774 36,309,878 1,623,498	s	8,049,360 221,852 -	\$	30,161,528 (1,308,996) 1,002,657	\$	- 174,569	\$	18,178,886 37,397,022 446,272
Contributions:										
Employer Participants		42,407,910 55,170,584		11,532,445		30,875,485 18,806,691		· · ·		36,363,893
Total Additions to Net Assets		191,901,644		19,803,657		79,537,345		174,569		92,386,073
DEDUCTIONS FROM NET ASSETS										
interest Expense Allocation of Shares Distribution of Benefits Administrative Expense		6,357,083 26,876,871 68,575,930 91,986		6,274,500 26,676,871 - -		36,025,590		82,583 - 920,340 91,986		31,630,000
Total Deductions from Net Assets		101,701,870		32,951,371		36,025,590		1,094,909		31,630,000
NET INCREASE (DECREASE) IN NET ASSETS LOAN ISSUANCES/REPAYMENTS NET TRANSFERS AMONG INVESTMENT		90,199,774		(13,147,714)		43,511,755 (909,821)		(920,340) 2,198,352		60,756,073 (1,288,531)
OPTIONS NET ASSETS AVAILABLE FOR BENEFITS - DECEMBER 31, 2003		1,252,018,181		71,952,243		(66,918,891) 620,145,197		(489,198) 31,996,651		67,408,089 527,924,090
NET ASSETS AVAILABLE FOR BENEFITS - DECEMBER 31, 2004	\$	1,342,217,955	\$	58,804,529	\$	595,828,240	\$	32,785,465	\$	654,799,721

See Notes to Financial Statements,

Statement of Net Assets Available for Benefits December 31, 2003

			SUPPLEMENTAL INFORMATION							
		TOTAL PLAN		ESOP NALLOCATED PARTICIPANTS	CO:	ARTICIPANT DIRECTED MMON STOCK LOCATED TO ARTICIPANTS	PAF	RTICIPANTS' LOANS	_	PARTICIPANT DIRECTED INVESTMENTS
ASSETS										
Investments:										
Progress Energy, Inc. Common Stock Fund	\$	775,960,387	\$	182,552,227	\$	593,408,160	\$		\$	-
Fidelity Mid Cap Stock Fund		58,481,379		-		-		-		58,481,379
EuroPacific Growth Fund		24,574,291		•		-		-		24,574,291
Growth Fund of America		24,799,130		-		-		-		24,799,130
Vanguard S&P 500 Index Fund		76,983,739		•						76,983,739
Vanguard Retirement Savings Trust		130,703,777								130,703,777
PIMCO Total Return Bond Fund		41,276,945		-		-		-		41,276,945
Fidelity Equity Income Fund		68,847,355		•		-		-		68,847,355
Fidelity Freedom Income Fund		2,466,000		-		-		-		2,466,000
Fidelity Freedom 2000 Fund		4,563,003				-		-		4,563,003
Fidelity Freedom 2010 Fund		16,135,136								16,135,136
Fidelity Freedom 2020 Fund		12,849,696								12,849,696
Fidelity Freedom 2030 Fund		20,959,682								20,959,682
Fidelity Freedom 2040 Fund		9,957,284		-		-				9,957,284
Progress Energy, Inc. Contingent Value Obligations		106,842				-				106,842
Columbia Acorn Fund		34,770,226		-				-		34,770,226
Participants' Loans Receivable		37,573,359						37,573,359		
Total Investments		1,341,008,231		182,552,227		593,408,160		37,573,359		527,474,485
Pi i A di Quelle I Quine I aveca di Provincia di		40 207 007		2.319.212		7.538.880				449.605
Dividends/Capital Gains/Interest Receivable		10,307,697		2,319,212		. ,		•		449,005
Employer Contributions Receivable		14,789,327		•		14,789,327 4,408,830		-		-
Cash and Cash Equivalents		4,408,830		184.871.439	_	620.145.197		37,573,359		527,924,090
Total Assets		1,370,514,085	_	184,871,439	_	620,145,197		37,373,339	_	527,924,090
LIABILITIES										
ESOP Loan Payable		111,801,184		111,801,184				-		-
Participants' Loans Payable		5,576,708						5,576,708		-
Interest Payable - ESOP Loan		1,118,012		1,118,012		•		· · · · -		<u>-</u> -
Total Liabilities	_	118,495,904		112,919,196		-		5,576,708	_	-
NET ASSETS AVAILABLE FOR BENEFITS	\$	1,252,018,181	\$	71,952,243	\$	620,145,197	\$	31,996,651	_\$	527,924,090

See Notes to Financial Statements.

Notes to Financial Statements As of December 31, 2004 and 2003 and Period Ended December 31, 2004

1. DESCRIPTION OF THE PLAN

General Information Regarding the Plan

The Progress Energy 401(k) Savings & Stock Ownership Plan (the "Plan") is a defined contribution plan and subject to the provisions of the Employee Retirement Income Security Act (ERISA). The purpose of the Plan is to encourage systematic savings by employees and to provide employees with a convenient method of acquiring an equity interest in Progress Energy (the "Company") and other investments. The notes which follow provide a high level summary of Plan features. The Plan Document, Summary Plan Description, and Prospectus for the Plan should be consulted for Plan details and limitations.

Effective January 1, 2003, CP&L, Florida Power Corporation and Progress Ventures, Inc. began doing business under the assumed names Progress Energy Carolinas, Inc. (PEC), Progress Energy Florida, Inc. (PEF), and Progress Energy Ventures, Inc. (PVI), respectively. The legal names of these entities have not changed, and there is no restructuring of any kind related to the name change.

In 2003, the Company received notice from the Plan's record keeper, ADP, Inc., that effective May 2004 it would no longer provide 401(k) plan recordkeeping services to large-market clients, which included the Progress Energy 401(k) Savings & Stock Ownership Plan. Fidelity Investments Institutional Operations Company, Inc. ("Fidelity") was selected and approved to be the new record keeper for the Plan, effective May 14, 2004. State Street Bank & Trust Company, N.A. ("State Street" or the "Trustee") continues to provide trustee services to the Plan.

In order to ensure that all account information was properly transferred accurately from ADP to Fidelity, there was a transition blackout period from May 7, 2004 through May 21, 2004. Related to this blackout period, Progress Energy was late in filing a Form 8-K pursuant to Item 11 of that Form (Temporary Suspension of Trading Under Registrant's Employee Benefit Plans). The filing relates to notice to Section 16 insiders informing them of the prohibition of trading in the Company's securities during an upcoming 401(k) blackout period. Notice was given to all Section 16 insiders regarding these trading restrictions well before the blackout period commenced.

On September 30, 2003, the Company completed the sale of North Carolina Natural Gas Corporation (NCNG) and the Company's equity investment in Eastern North Carolina Natural Gas (ENCNG) to Piedmont Natural Gas Company, Inc. Effective September 30, 2003, NCNG was no longer eligible to participate in the Plan.

In December 2003, Progress Telecommunications (PTC) through its subsidiary Progress Telecom LLC (PTC LLC), entered into a transaction with EPIK Communications, Inc. (EPIK), which was accounted for as a partial acquisition of EPIK. Effective December 19, 2003 (the PTC LLC/EPIK merger date), PTC was no longer eligible to participate in the Plan.

Participation in the Plan

Generally, individuals classified as non-bargaining regular, full-time, part-time or temporary employees of PEC, PEF, Progress Energy Service Company, PVI, and corporate employees of Progress Fuels Corporation (the "Participating Companies"), are eligible to participate in the Plan on their first day of employment. Only persons treated as employees of the Participating Companies for federal tax purposes may participate in the Plan. Independent contractors, leased employees and contract employees are not eligible. Full-time employees are eligible for the Company match allocations as soon as participation in the plan begins. Part-time and temporary employees are eligible for the Company match allocations after six months of continuous credited service or 1,000 hours of service in a 12-month period. If employees wish to participate in the Plan, they must elect to do so and must specify their level of savings and how their savings should be allocated among the Plan's investment options.

NCNG employees were eligible to participate through September 30, 2003 and employees of PTC were eligible to participate through December 19, 2003. As of the respective effective dates, the NCNG and PTC employees became terminated participants in the Plan and were offered an election to have their account balances in the Plan rolled over to their new employer's plan. The employees in both companies were allowed, if they chose, to leave their account balances in the Plan under the terminated participants provisions of the Plan. NCNG participants were offered distribution options in accordance with the terms of the Plan.

Employee Contributions Under the Plan

Employees who have earnings equal to or less than a certain level (\$90,000 for 2004 and 2003) may contribute from 1% to 25%, in increments of 1%, of their annual eligible base salary earnings (the "Deferred Contribution") as defined by the Plan. Employees with earnings above this level may contribute from 1% to 18% of their eligible base salary earnings, as defined by the Plan. These contributions reduce, in like amount, the employee's earnings subject to income tax for that year. An employee's total before-tax contributions were limited to \$13,000 for 2004 and \$12,000 for 2003, as defined by certain Internal Revenue Code ("IRC") limitations.

Participating employees may also elect to contribute an additional amount on an after-tax basis. Employees who have earnings equal to or less than a specified level (\$90,000 for 2004 and 2003) may elect to contribute an after-tax amount from 1% to 25%, in increments of 1%, of their eligible base salary earnings, as defined by the Plan. Employees with earnings above this level may contribute an after-tax amount from 1% to 18% of their eligible base salary earnings, as defined by the Plan. In no event may the before-tax contributions plus the after-tax contributions exceed a total of 25% or 18%, respectively, of annual eligible base salary earnings, as defined by the Plan, during 2004 or 2003.

Company Contributions Under the Plan

At the time employee contributions are made, the Company's matching allocations are made to the Plan in an amount equal to 50% of the first 6% of each employee's before- or after-tax contributions on a pay period basis (the "Automatic Company-match").

The Plan also has an incentive feature (the "Employee Stock Incentive Plan (ESIP) Match") which provides for additional Company matching allocations to be made to the Plan on behalf of each eligible employee when at least five out of ten of the Company and business unit strategic goals set by senior management are met. Employees eligible to participate in the Plan are generally eligible for these additional Company matching allocations. Those eligible employees with more than one year of service who do not contribute at least 2% before tax to the Plan are, for the purpose of determining the ESIP Match, assumed to have made a before-tax contribution of 2% to the Plan. During the first year of service, employees must contribute at least 1% of eligible base pay earnings each pay period to receive an ESIP match allocation. The Company made ESIP matching allocations of approximately \$15.2 million for the Plan year ended December 31, 2004 and approximately \$14.8 million for the Plan year ended December 31, 2003.

All Company matching allocations and any earnings on securities purchased with these allocations are invested in common stock of the Company. Participants may reallocate the company match allocation from the Company Stock Fund to any of the other investment options at any time.

Employees are 100 percent vested in the contributions they have made to the Plan, the investment earnings credited on such contributions, and the dividends from the Company matching allocations. Upon attaining one year of service with the Company, employees are 100 percent vested in all Company matching allocations that have been allocated to their accounts.

Employee Stock Ownership Plan

In 1989, the Plan was restated as an Employee Stock Ownership Plan, which allows the Plan to enter into acquisition loans ("ESOP Loans") for the purpose of acquiring Company common stock. Common stock acquired with the proceeds of an ESOP Loan is held by the Trustee in a suspense account ("ESOP Stock Suspense Account"). Such common stock is released from the ESOP Stock Suspense Account and made available for allocation to the accounts of participants as the ESOP Loan is repaid as specified by provisions of the Internal Revenue Code.

ESOP Loan payments are made quarterly and may be funded by dividends on stock held in the ESOP Stock Suspense Account, dividends on Company stock held in the Progress Energy, Inc. Common Stock Fund, Company contributions or the proceeds of stock sold from the ESOP Stock Suspense Account.

In October 1989, the Trustee purchased 13,636,362 shares of common stock (as restated for the two-for-one stock split in February 1993) from the Company for an aggregate purchase price of approximately \$300 million. The purchase was financed with a long-term ESOP Loan from the Company, bearing a 6% interest rate. Prepayment of the loan without a penalty is allowed. Excluding the effects of any future prepayments, required payments, including principal and interest, are \$19,865,293 for each of the years 2005 through 2009 and a total of \$18,246,358 for 2010. The ESOP Stock Suspense Account shares in the Plan, which totaled 3,450,424 shares at December 31, 2004, are pledged as collateral for the ESOP Loan. During the 2004 and 2003 Plan years, 582,988 ESOP shares were released from the ESOP Stock Suspense Account and allocated to participants.

Progress Energy, Inc. Common Stock Fund

The Progress Energy, Inc. Common Stock Fund is partially funded through the release of shares from the ESOP Stock Suspense Account. The price at which such released shares are allocated to Plan participants is the closing price per share on the payroll date. In addition, the Progress Energy, Inc. Common Stock Fund may use available cash from contributions and dividends to purchase Progress Energy, Inc. common stock on the open market or otherwise, including purchases from the Company of authorized but unissued shares of common stock. The purchase price of shares of common stock acquired on the open market for employee accounts will be the weighted average price of all shares purchased under the Plan during the applicable Investment Period which is generally one pay period, running from the payroll date that deductions are taken to the date before the following payroll date. If funds to be invested in Company common stock are used to purchase authorized but unissued common stock directly from the Company, the purchase price on the date of purchase will be the prior day's volume weighted average price of common shares of the Company traded on the New York Stock Exchange. No brokerage commission or other charges shall be deducted.

The Progress Energy, Inc. Common Stock Fund is accounted for on a unitized accounting basis. This requires a small portion of this fund to be held in a cash reserve in order to provide the liquidity necessary to process daily fund transactions by the close of market each business day. The cash reserve generally represents between one and three percent of the total fund value, and varies depending upon account activity. The reserve may consist of cash or cash equivalents. As of December 31, 2004 and December 31, 2003, the reserve totaled approximately \$4.0 million and \$4.4 million, respectively.

Investment of Funds

At the election of the participating employee, contributions made by the employee and any earnings on the securities purchased with these contributions are invested in the investment options listed on the Statement of Net Assets Available for Benefits. Employee contributions to the Plan may be allocated to one or more of the investment options in increments of 1%. This election is made at the time the employee begins to participate in the Plan. The election may be changed upon request and is generally effective by the following pay period. A participant may transfer current fund balances among the Plan options. The only limitations on transfers are the limitations on roundtrip transactions under Fidelity's Excessive Trading Policy, which was put in place on December 6, 2004 and applies to all Fidelity mutual funds. A roundtrip transactions occurs when a participant exchanges in and then out of a fund option within 30 days. Fidelity's Excessive Trading Policy limits participants to one roundtrip transaction per fund within any rolling 90-day period, subject to an overall limit of four roundtrip transactions across all funds over a rolling 12-month period. All Company matching allocations are initially invested in common stock of the Company. Employees may elect to receive Company common stock dividends in cash (subject to income tax). Participants immediately vest in all dividends generated from Company common stock, including dividends on Company match allocations, without regard to length of service.

Contingent Value Obligations

Pursuant to the acquisition of Florida Progress Corporation by the Company during 2000, participants of the Savings Plan for Employees of Florida Progress Corporation with investments in the Florida Progress Stock Fund were given the option of either cashing in their investments or exchanging their existing Florida Progress Stock Fund shares for shares of the Progress Energy Common Stock Fund and cash. In addition, Florida Progress Stock Fund shareholders received shares of the Contingent Value Obligation Fund (the "CVO Fund") which were transferred into the Plan effective December 31, 2001. The CVO Fund invests in contingent value obligations, each of which represents the right to receive contingent payments based on the performance of four synthetic fuel facilities owned by the Company. While the Plan does not allow additional contributions to the CVO Fund, participants are permitted to liquidate and reinvest the proceeds of all or a portion of their account balance as desired.

Participants Accounts

Individual accounts are maintained for each plan participant. Each participant's account is credited with the participant's contributions, the Company's matching contributions, plan earnings and charged with withdrawals, allocations of plan losses and administrative expenses. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

Retirement, Death, or Termination of Employment

Participants with one or more years of service with the Participating Companies are vested with respect to all Company matching allocations. Participants with less than one year of service will become 100% vested in Company match allocations upon; death, becoming totally and permanently disabled while employed, placement in a specially designed Company outplacement program or discontinuance of the Plan. Generally, participants leaving the employ of the Company with less than one year of service forfeit non-vested Company matching allocations and reinvested earnings on those allocations. In the case of an employee's death, retirement or termination of employment with at least one year of service with the Company, all employee and Company matching allocations, including those otherwise non-vested, become payable upon request by the employee, the employee's estate or other appropriate recipients. Retired participants and former eligible employees of the Participating Companies, who are currently ineligible to participate, may retain investments in the Plan but may not continue to make contributions. Account balances valued at \$1,000 or less at termination are automatically distributed to the participant as a lump sum. Forfeited matching allocations are used by the Plan to reduce future matching allocations otherwise required from the Company. These forfeited matching allocations and associated reinvested earnings were \$41,395 in 2004 and \$48,036 in 2003.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies, which conform to accounting principles generally accepted in the United States of America, have been used consistently in the preparation of the Plan's financial statements:

Basis of Accounting

The accompanying financial statements are prepared on the accrual basis of accounting. Dividends, interest and other income are recognized as earned, and expenses are accrued as incurred.

Use of Estimates

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires plan management to make estimates and assumptions that affect the reported amounts of net assets available for benefits and changes therein. Actual results could differ from those estimates. The Plan utilizes various investment instruments. Investment securities, in general, are exposed to various risks, such as interest rate, credit, and overall market volatility. Due to the level of risk associated with certain investment securities, it is reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect the amounts reported in the financial statements.

Investment Valuation and Income Recognition

The Plan's investments are stated at fair value. Shares of registered investment companies are value at quoted market prices, which represent the net asset value of shares held by the Plan at year-end. The Progress Energy Company Stock Fund and the Contingent Value Obligation ("CVO") Fund are valued at their year-end unit closing prices (constituting market value of shares owned or CVOs, respectively, plus uninvested cash position). Progress Energy Company common stock is valued at its closing market price as of the end of the day. CVOs are valued at their last traded price which management believes is an estimate of their fair value at the valuation date. CVOs do not trade frequently. Therefore, the values presented are not necessarily indicative of what the Plan could have recognized if CVOs were traded on the valuation date. Participant loans are valued at cost, which approximates fair value.

Purchases and sales of investments are recorded on a trade-date basis. Interest income is accrued when earned. Dividend income is recorded on the ex-dividend date.

Payment of Benefits

Benefits are recorded when paid. When Progress Energy Company common stock is distributed from the Progress Energy Company Stock Fund to participants in settlement of their accounts, distributions are recorded at the value of shares distributed.

Plan Expenses

The expenses incurred by the Trustee and Fidelity, the third-party administrator, in the administration of the Plan may be paid from assets of the Plan to the extent not paid by the Company.

3. INVESTMENTS

The Plan's investments are held in trust by the Trustee. During the 2004 plan year, the following fund names were changed; Fidelity Mid Cap Stock Fund (formerly Putnam New Opportunities Fund), Growth Fund of America (formerly Putnam Investors Large Cap Growth Fund), EuroPacific Growth Fund (formerly American EuroPacific Growth Fund) and Columbia Acorn Fund (formerly Liberty Acorn Fund).

The following table summarized the Plan's investments that represent 5% or more of the Plan's net assets available for benefits:

	2004	2003
Vanguard S&P 500 Index Fund, 764,271 and 756,374 shares, respectively	\$ 84,612,490	\$ 76,983,739
Fidelity Equity Income Fund, 1,501,937 and 1,383,866 shares, respectively	\$ 79,272,236	\$ 68,847,355
Columbia Acorn Fund, 3,048,377 and 1,541,233 shares, respectively	\$ 80,629,569	*
Vanguard Retirement Savings Trust, 140,625,844 and 130,703,777 units, respectively	\$ 140,625,844	\$ 130,703,777
Progress Energy, Inc. Common Stock Fund, 16,032,444 and 17,144,507 units, respectively	\$ 725,307,767	\$ 775,960,387

^{*}balance is less than 5% of the Plan's net assets available for benefits as of the end of the year

During 2004, the Plan's investments (including gains and losses on investments bought and sold, as well as held during the year) appreciated in value by \$36,309,878 as follows:

Progress Energy, Inc. Common Stock	\$ (1,087,144)
Mutual Funds	 37,397,022
Net Appreciation in Fair Value of Investments	\$ 36,309,878

4. RELATED PARTY TRANSACTIONS

The Plan invests in shares of mutual funds managed by affiliates of Fidelity, which acts as record keeper for the Plan. Transactions in such investments qualify as party-in-interest transactions and are exempt from the prohibited transaction rules.

Plan investments at end of period include shares of money market funds managed by State Street, the Trustee as defined by the Plan, and therefore qualify as party-in-interest transactions.

5. TAX STATUS

The Plan was amended in 2001 to comply with the qualification requirements of the Uruguay Round Agreements Act ("GATT"), the Small Business Job Protection Act of 1986 (including the Uniformed Services Employment and Reemployment Rights Act of 1994), the Taxpayer Relief Act of 1997, the Restructuring and Reform Act of 1998 and the Community Renewal Tax Relief Act of 2000 (collectively "Gust II"). The Plan obtained its latest determination letter on July 23, 2002, in which the Internal Revenue Service stated that the Plan and Trust, as then designed, was in compliance with the applicable requirements of the Internal Revenue Code. The Plan has been amended since receiving the determination letter. However, the Plan Administrator believes that the Plan is currently designed and being operated in compliance with the applicable requirements of the Internal Revenue Code. Therefore, it is believed that the Plan was qualified and the related trust was tax-exempt as of the financial statement date. As such, no provision for income taxes has been included in the Plan's financial statements.

6. NONEXEMPT PARTY-IN-INTEREST TRANSACTIONS

Progress Energy, Inc. remitted the following participant contributions, which consisted of loan repayments, to the trustee later than required by D.O.L. Regulation 2510.3-102, which requires an employer to segregate employee contributions from its general assets as soon as practicable, but no more than the 15th business day following the end of the month in which amounts are contributed by employees or withheld from their wages: the February 27, 2004 participant contributions of \$147,423 were remitted on March 30, 2004; the July 30, 2004 participant contributions of \$95,701 were remitted on August 25, 2004; and the August 27, 2004 participant contributions of \$88,120 were remitted on September 29, 2004.

Schedule H, Part IV, line 4i - Schedule of Assets (Held at End of Year) As of December 31, 2004

Identity of Issue, Borrower, Lessor, or Similar Party	Description of investment, including Maturity Date, Rate of interest, Collateral, Par or Maturity Value	Cost	Current Value
Progress Energy, Inc. Common Stock Fund	Common stock, no par or stated value	**	\$ 725,307,767
Fidelity Mid Cap Stock Fund	Mutual fund	**	59,227,400
EuroPacific Growth Fund	Mutual fund	**	42,261,356
Growth Fund of America	Mutual fund	**	35,895,258
Vanguard S&P 500 Index Fund	Mutual fund	**	84,612,490
Vanguard Retirement Savings Trust	Common trust fund	**	140,625,844
PIMCO Total Return Bond Fund	Mutual Fund	**	48,200,236
Fidelity Equity Income Fund	Mutual Fund	**	79,272,236
Fidelity Freedom Income Fund	Mutual Fund	**	4,229,991
Fidelity Freedom 2000 Fund	Mutual Fund	**	5,316,764
Fidelity Freedom 2005 Fund	Mutual Fund	**	635,821
Fidelity Freedom 2010 Fund	Mutual Fund	**	19,321,999
Fidelity Freedom 2015 Fund	Mutual Fund	**	1,709,741
Fidelity Freedom 2020 Fund	Mutual Fund	**	16,224,152
Fidelity Freedom 2025 Fund	Mutual Fund	**	765,874
Fidelity Freedom 2030 Fund	Mutual Fund	**	22,993,510
Fidelity Freedom 2035 Fund	Mutual Fund	**	281,078
Fidelity Freedom 2040 Fund	Mutual Fund	**	12,072,179
Progress Energy, Inc.	Contingent Value Obligations	**	49,138
Columbia Acorn Fund	Mutual Fund	**	80,629,569
Various participants	Loans to plan participants (Maturing through 2009 with interest rates ranging from 4.0% to 9.5%)	**	35,000,006
Total			\$ 1,414,632,409

^{*} Party in interest

^{**}Cost information is not required for participant-directed investments, and therefore, is not included.

Form 5500, Schedule H, Part IV, Question 4a -Delinquent Participant Contributions For the Year Ended December 31, 2004

Identity of Party Involved	Relationship to Plan, Employer, or Other Party-in-Interest	Description of Transactions	 Amount
Progress Energy, Inc.	Employer/Plan Sponsor	Participant contributions for employees, which consisted of loan repayments, were not funded within the time period prescribed by D.O.L. Regulation 2510.3-102. The February 27, 2004, participant contribution, which consisted of loan repayments, was deposited on March 30, 2004.	\$ 147,423
Progress Energy, Inc.	Employer/Plan Sponsor	Participant contributions for employees, which consisted of loan repayments, were not funded within the time period prescribed by D.O.L. Regulation 2510.3-102. The July 30, 2004, participant contribution, which consisted of loan repayments, was deposited on August 25, 2004.	\$ 95,701
Progress Energy, Inc.	Employer/Plan Sponsor	Participant contributions for employees, which consisted of loan repayments, were not funded within the time period prescribed by D.O.L. Regulation 2510.3-102. The August 27, 2004, participant contribution, which consisted of loan repayments, was deposited on September 29, 2004.	\$ 88,120

SIGNATURE _

The Plan. Pursuant to the requirements of the Securities Exchange Act of 1934, the Progress Energy 401(k) Savings & Stock Ownership Plan Administrative Committee has duly caused this Annual Report to be signed on its behalf by the undersigned hereunto duly authorized.

PROGRESS ENERGY 401(k) SAVINGS & STOCK OWNERSHIP PLAN ADMINISTRATIVE COMMITTEE

Masceo S. DesChamps, Secretary

Progress Energy 401(k) Savings & Stock Ownership Plan

Administrative Committee

Date: June 28, 2005

EXHIBITS INDEX

Exhibit Number

Exhibit No. 23 Consent of Deloitte & Touche LLP

CONSENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We consent to the incorporation by reference in this Registration Statement No. 33-33520 and Registration Statement No. 333-48164 on Form S-8 of our report dated June 27, 2005, appearing in this Annual Report on Form 11-K of The Progress Energy 401(k) Savings & Stock Ownership Plan for the year ended December 31, 2004.

Raleigh, North Carolina

elesthe Jouche 227

June 27, 2005